

# Fluency Fuel

*Reading at Home — Family Guide*

Ten-minute routines for phonics, fluency, vocabulary, and comprehension — plus a weekly plan you can print and post on the fridge.

| Phonics at Home                                                                                       | Fluency at Home                                                                                 |
|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <b>Sound Tapping</b> — Tap one finger per sound in a short word, then blend it back together.         | <b>Repeated Reading (3x)</b> — Read a short passage three times and chart words-per-minute.     |
| <b>Word Building</b> — Change one letter at a time with tiles or index cards.                         | <b>Echo Reading</b> — You read a sentence with expression; your child echoes it.                |
| <b>Decodable Warm-Up</b> — Preview the target pattern, read together, then let your child read alone. | <b>Partner Reading</b> — Take turns reading paragraphs and gently supply words after 3 seconds. |
| <b>Sound Hunt</b> — Find the day's target sound on signs, labels, and packaging.                      | <b>Reader's Theater</b> — Assign character parts and rehearse for expression.                   |

  

| Vocabulary at Home                                                                             | Comprehension at Home                                                                                   |
|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <b>Word of the Day</b> — Pick one rich word and use it three times before bed.                 | <b>Before–During–After Talk</b> — Predict, pause to check understanding, then retell in five sentences. |
| <b>Word Webs</b> — Draw branches for synonyms, antonyms, examples, and pictures.               | <b>Somebody–Wanted–But–So–Then</b> — Summarize any chapter in one sentence.                             |
| <b>Shades of Meaning</b> — Rank words from weak to strong and use the strongest in a sentence. | <b>Two Questions Game</b> — Ask one answered-in-text question and one inference question.               |
| <b>Dinner Table Definitions</b> — Each person shares a new word; others guess the meaning.     | <b>Stop and Fix</b> — When understanding breaks down, reread and name the fix used.                     |

Tip: Pick one phonics or fluency routine and one vocabulary or comprehension routine each day. Short, joyful practice wins.

# Weekly Reading at Home Plan

*Fill in your two daily routines and any books you read together.*

| Mon                  | Tue                  | Wed                  | Thu                  | Fri                  | Weekend              |
|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| Routine 1:<br>_____  | Routine 1:<br>_____  | Routine 1:<br>_____  | Routine 1:<br>_____  | Routine 1:<br>_____  | Routine 1:<br>_____  |
| Routine 2:<br>_____  | Routine 2:<br>_____  | Routine 2:<br>_____  | Routine 2:<br>_____  | Routine 2:<br>_____  | Routine 2:<br>_____  |
| Book: _____<br>_____ | Book: _____<br>_____ | Book: _____<br>_____ | Book: _____<br>_____ | Book: _____<br>_____ | Book: _____<br>_____ |

## This Week's Focus

## Books We Read Together

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*Download the full toolkit and printable handouts at [fluencyfuel.org/resources/reading-at-home-toolkit](https://fluencyfuel.org/resources/reading-at-home-toolkit)*